

# COREBODY GETAWAY NYC 2010



Our long-weekend getaway will include Pilates, Yoga, shopping, massage, and martinis!

## MAY 27 - 31, 2010

Come with a CoreGirl from class or bring a friend....  
Fashion Avenue, Canal Street, museums and theater! Meeting for lunch at  
Pastis + Baltizar...and for cocktails at Blue Water, Hudson Hotel, 60 Thompson, Budha Bar or  
Tao...we will have a fabulous time...How can you not?! It's NYC!!

### WHAT'S INCLUDED:

- 4 night accommodation, 4 star central hotel (twin share basis)
- 2 Pilates reformer based workouts - Pilates on 5th + re:AB NYC
- 1 yoga session at Deepak Chopra's ayurvedic spa + studio Dream
- Deep Tissue massage treatment at Dream
- Sex + City Tour takes us to all the cool areas of the city...martinis in Scout, Steve's bar, cupcakes at Magnolia's Bakery, visit Carries stoop and many more!
- Martini Hop - which lounges are open for discussion!
- Plenty of free time for shopping, museum visits, sight-seeing and a show
- Farewell dinner

### WHAT'S NOT:

- Airfare - Travel Concepts will assist or use your points
- Transfers to and from airport.
- Meals (except farewell dinner)
- Cancellation & out of country medical insurance



## MAY 27 - 31, 2010 PRICE USD 1999.00

Deposit USD 500 per person at time of booking  
Full payment USD 1499 due April 15, 2010  
Please note - All payments are non-refundable



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